

Hudson Valley Center for Development

Informed Consent for In-person Services During COVID-19 Public Health Crisis

This document contains important information about the decision (yours and that of your clinician/evaluator) to resume or initiate in-person services in light of the COVID-19 public health crisis. Please read this carefully and if you have any questions please ask your clinician or your evaluator. If your questions are still not fully answered, you may call Lisa Cardona, Director of Practice Operations at (845) 787-1354. When you sign this document, it will be an official agreement between you, your clinician/evaluator, and the Center.

Decision to Meet Face-to-Face

You and your clinician/evaluator have agreed to meet in person for some or all future sessions. If there is a resurgence of the pandemic or if other health concerns arise, however, we may require that we meet via telehealth. If you have concerns about meeting through telehealth, we will talk about it first and try to address any issues. You understand that, if the Center and I believe it is necessary, we may determine that we return to telehealth for everyone's well-being.

If you decide at any time that you would feel safer staying with, or returning to, telehealth services, we will respect that decision, as long as it is feasible and clinically appropriate. Reimbursement for telehealth services, however, is also determined by the insurance companies and applicable law, so this is an issue we may also need to discuss.

Risks of Opting for In-Person Services

You understand that by coming to the office, you are assuming the risk of exposure to the coronavirus (or other public health risk). This risk may increase if you travel by public transportation, cab, or ridesharing service.

Your Responsibility to Minimize Your Exposure

To obtain services in person, you agree to take certain precautions which will help keep everyone (you, your clinician/evaluator, families, other staff, and other patients) safer from exposure, sickness and possible death. If you do not adhere to these safeguards, it may result in starting / returning to a telehealth arrangement. Initial each to indicate that you understand and agree to these actions:

- You will only keep your in-person appointment if you are symptom free. ____
- You will take your temperature before coming to each appointment. If it is elevated (100 Fahrenheit or more), or if you have other symptoms of the coronavirus, you agree to cancel the appointment or proceed using telehealth. ____
- You will wait in your car or outside [or in a designated safer waiting area] until no earlier than 5 minutes before our appointment time. ____
- You will wash your hands or use alcohol-based hand sanitizer when you enter the building. ____
- You will adhere to the safe distancing precautions we have set up in the waiting room and testing/therapy room. For example, you won't move chairs or sit where we have signs asking you not to sit. ____

- You will wear a mask in all areas of the office (Your clinician/evaluator and all staff will too). ____
- When possible, you will keep a distance of 6 feet and there will be no physical contact (e.g. no shaking hands) with your clinician/evaluator and/or other staff. ____
- You will try not to touch your face or eyes with your hands. If you do, you will immediately wash or sanitize your hands. ____
- If you are bringing your child, you will make sure that your child follows all of these sanitation and distancing protocols. ____
- You will take steps between appointments to minimize your exposure to COVID. ____
- If you have a job that exposes you to other people who are infected, you will immediately let your clinician/evaluator know. ____
- If your commute or other responsibilities or activities put you in close contact with others (beyond your family), you will let your clinician/evaluator know. ____
- If a resident of your home tests positive for the infection, you will immediately let your clinician/evaluator know and treatment will be resumed via telehealth. ____

We may change the above precautions if additional local, state or federal orders or guidelines are published. If that happens, we will talk about any necessary changes.

Our Commitment to Minimize Exposure

The practice has taken steps to reduce the risk of spreading the coronavirus within the office and we have posted our efforts, and they are presented on the last page of this document. Please let us know if you have questions about these efforts.

If You or the Clinician/Evaluator Are Sick

You understand that your clinician/evaluator is committed to keeping you, the clinician/evaluator, the Center staff and all of our families safe from the spread of this virus. If you show up for an appointment and your clinician/evaluator or the office staff believe that you have a fever or other symptoms, or believe you have been exposed, we will have to require you to leave the office immediately. We can follow up with services by telehealth as appropriate.

If your clinician/evaluator tests positive for the coronavirus, we will notify you so that you can take appropriate precautions.

Your Confidentiality in the Case of Infection

If you have tested positive for the coronavirus, we may be required to notify local health authorities that you have been in the office. If we have to report this, we will only provide the minimum information necessary for their data collection and will not go into any details about the reason(s) for your visits. By signing this form, you are agreeing that we may do so without an additional signed release.

Informed Consent

This agreement supplements the general informed consent/business agreement that were agreed to at the start of your work at the Center.

Your signature below shows that you agree to these terms and conditions.

Patient/Client

Date

Clinician/Evaluator

Date

Office Safety Precautions in Effect During the Pandemic

HVCD is taking the following precautions to protect our patients and help slow the spread of the coronavirus.

- Office seating in the waiting room and in therapy/testing rooms has been arranged for appropriate physical distancing.
- All staff wear masks.
- All staff maintain safe distancing.
- Restroom soap dispensers are maintained and everyone is encouraged to wash their hands.
- Hand sanitizer that contains at least 60% alcohol is available in all therapy/testing rooms and the waiting room.
- We schedule appointments at specific intervals to minimize the number of people in the waiting room.
- We ask all patients to wait in their cars or outside until no earlier than 5 minutes before their appointment times.
- Credit card pads, pens and other areas that are commonly touched are thoroughly sanitized after each use.
- Physical contact is not permitted.
- Tissues and trash bins are easily accessed. Trash is disposed of on a frequent basis.
- Common areas are thoroughly disinfected at the beginning of each day.